

Cicely Saunders Institute Seminar & Lecture Series



Thursday 17th March 2016

16.00 to 17.00

A mixed-methods research process to develop a complex intervention for weight loss and anorexia in advanced cancer: the Family Approach to Weight and Eating (FAWE)

Prof Jane Hopkinson, Professor of Nursing, Cardiff University

About the speaker:

Jane Hopkinson leads the Emotional, Supportive and Palliative Care Research Group at the School of Healthcare Sciences at Cardiff University. She was a nurse working clinically in the fields of rehabilitation, cancer and palliative care prior to becoming a full-time academic researcher in 2001. From 2002-2011, she led the Macmillan Weight and Eating Studies, a series of NIHR portfolio registered studies concerned with improving supportive care of cancer patients with involuntary weight loss and poor appetite. Her current research is about supportive care in cancer and supportive care in dementia with a particular interest in developing and testing complex interventions for patients and their family members.

Jane is also an Independent Member for the Velindre NHS Trust Board, a member of the National Cancer Research Institute (NCRI) Supportive & Palliative Care Clinical Studies Group and a member of the Scientific Board of the Cancer Cachexia Hub, Helsinn Healthcare. She has over 80 peer reviewed publications and frequently speaks at national and international clinical and scientific meetings.

Abstract:

This presentation is about the development and preliminary evaluation of a complex intervention for families affected by weight loss and eating problems (symptoms of cachexia) in people with advanced cancer. It will examine challenges arising in the successful development and preliminary testing of the Family Approach to Weight and Eating (FAWE).

A complex intervention is a multi-component activity that has the purpose of improving clinical and patient experience outcomes. The Medical Research Council has published guidelines for the development of robust complex interventions that can be tested for effectiveness. The FAWE study is one of the few reported examples of how to operationalise the early phases of these guidelines.

This event is free to attend and all visitors are welcome

Registration is not required

Approved by the Royal Colleges of Physicians for 1 CPD credit

The Cicely Saunders Institute Seminar and Lecture Series aims to facilitate and optimise opportunities for local, national and international networking within palliative care and rehabilitation in order to

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